



## Meet the MommyDocs

*Advice from physicians & parents rolled into one*

[www.MommyDocs.com](http://www.MommyDocs.com)



**Jamie A. Freishtat, M.D.** is a board certified Pediatrician and works as a pediatric associate physician at Children's National Medical Center in Washington, DC. She graduated Phi Beta Kappa, Summa Cum Laude, with a B.A. in Latin from Colgate University in Hamilton, New York. She returned home to Maryland to obtain an M.D. degree from the University of Maryland School of Medicine. Pediatrics attracted her immediately; she completed her pediatric residency at the University of Rochester's Strong Memorial Hospital. She and her husband (also a pediatrician) then returned to Washington, D.C. to practice medicine and raise their family. Faced with the universal challenge of balancing work and motherhood, she left private practice to spend more time with her children. When it comes to children's health and wellness, Dr. Freishtat considers herself "on call" for questions 24/7 for her family, friends, and community. She lives in Potomac, Maryland with her husband, two sons ages 7 and 5, and chocolate lab, Brownie.

**Rachel L. Schreiber, M.D., FAAAAI**, is a board certified Allergist/Immunologist and board certified Internist. She is the Medical Director of Family HealthCare

Allergy and Asthma Specialists in Germantown, Maryland. She graduated Phi Beta Kappa, Cum Laude, with a B.A. in English from the University of Maryland's General Honors Program. Following a research fellowship at the National Institutes of Health, she earned her M.D. degree from the University of Maryland School of Medicine. She completed her Internal Medicine internship and residency at the University of Pittsburgh Medical Center and her Allergy/Immunology fellowship at Children's Hospital of Pittsburgh. After working in private practice in Pittsburgh, she returned to her hometown of Maryland. Dr. Schreiber has published numerous articles in peer reviewed scientific journals; is co-author of "Allergic Rhinitis" in [Pediatric Otolaryngology](#); and served as a Board Member of the Pennsylvania Asthma and Allergy Association. She lives in Rockville, Maryland with her husband, two sons ages 5 and 2, and chocolate lab, Tela.

***Passing each other in the halls at University of Maryland med school, little did Jamie and Rachel know that meeting through a mutual friend years later would lead to [www.MommyDocs.com](http://www.MommyDocs.com)...***

Today, their similarities extend well beyond their passion for helping parents keep kids healthy. When they are not treating patients or advising parents, they can be spotted driving through suburban Maryland in their respective silver minivans, each with two sons in the back and a big chocolate lab hanging out the window.

